

Published by the Jordan Middle School PTA

Jordan PTA eNews April 8, 2018

Jordan Middle School PTA Newsletter

This Week

Parent Ed Night

Wednesday, April 11, 6:30-8pm, Jordan MPR

PTA Association and Exec. Board Meeting

Thursday, April 12, 8:30am Jordan library

7th Grade Parent Network Meeting

Friday, April 13

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JORDAN CALENDAR SUMMARY

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Other Links

[PAUSD Website](#)

[Palo Alto Council of PTAs](#)

[Amazon Smile](#)

Volunteer Opportunities

There are many volunteer opportunities throughout the year. Sign up for one (or many) that fit your interest and/or skill set. Sign up online.

[UptoUs Jordan Middle School](#)

Questions? Email jordanptavolunteer@gmail.com.



Take It Personally: Project Cornerstone's Engaging Workshop for Parents and Caregivers

A strong family is the best predictor of children's success. Join us to discover tools for strengthening your relationship with your children in this 5-week workshop. Each week we will discuss and practice ways to show caring, giving support, setting boundaries, and building strong relationships that help youth succeed in school and life! You do not need to be a parent from Jordan, just an adult who cares about helping kids thrive. Language Translation available upon request.

Class Title: Take It Personally

Dates: Wednesdays: 4/11, 4/18, 4/25, 5/2, 5/9 (5 weeks)

Time: 6:30 PM - 8:00 PM

Place/Host:

Jordan Middle School - MPR

Workshop paid for by PAUSD / Suggested donation for workbook & materials:

\$20.00

Sign Up today: <http://www.signupgenius.com/go/60b0945aba72d6-take>

Questions? Contact Mary Crum at Mary@projectcornerstone.org or Husna Hashmi at husnah@gmail.com

PiE Seeking Parent Input

Please check your inbox for the Partners In Education (PiE) annual parent survey! Every spring, PiE collects input from the parent community. This information, coupled with input from each principal, determines where PiE dollars are spent in our schools the following year. Please complete the **brief** survey to give PiE feedback and communicate what is most important to you.

JORDAN NEWS

NEW! Joint Middle School Parent Ed: Screens and Memes: Understanding Your Child's Digital Life

Wednesday, April 25th from 7-8:30 PM, JLS Cafetorium

Our kids are "digital natives" - they have grown up in a world of online access and ever changing media devices. Do you wonder how to teach your child responsibility and ethics online, how to ensure they are aware of their actions, and how to best parent them in the digital age?

Come join My Digital TAT2 for a highly engaging and informative presentation on Wednesday, April 25th from 7:00 - 8:30 PM in the JLS Cafetorium. Recommended for anyone interested in an overview of the digital landscape and learning about thoughtful ways to navigate media with your children. You will come away with strategies that support both you and your child. It is an event you will not want to miss! For more information about My Digital TAT2, please visit:

www.mydigitaltat2.org or read the [FLYER](#).

Refreshments and Spanish/Mandarin translation will be provided. [Please RSVP here:](#)

<https://goo.gl/forms/mtYj878CevOeIIDZ2>

NEW! Harry Potter Jeopardy -- Battle of Hogwarts

When: April 30th - May 7th

Where: Jordan Library

When: Preliminary rounds Monday, Tuesday, Thursday and Friday; Finals Monday the 7th winners of the preliminary rounds go head to head!

What: Are you a Harry Potter fan? Want to test your knowledge? Form a team of 4 and sign up in the library starting April 15th to compete in the Harry Potter Jeopardy, and put your knowledge to the test! Only 16 teams will be allowed to compete in the prelims, so sign up early! Preliminary rounds will be held at lunch in the library on Monday April 30th, Tuesday May 1st, Thursday May 3rd, and Friday May 4th. The top team from each preliminary round will then go head to head for the top prize the following Monday, May 7th

, to see who are really the Harry Potter masters!

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Class Title: Take It Personally

Dates: Wednesdays: 4/11, 4/18, 4/25, 5/2, 5/9 (5 weeks)

Time: 6:30 PM - 8:00 PM

Place/Host: Jordan Middle School - Multi-Purpose Room

Workshop paid for by PAUSD / Suggested donation for workbook & materials: \$20.00

Sign Up today: <http://www.signupgenius.com/go/60b0945aba72d6-take>

Questions? Contact Mary Crum at Mary@projectcornerstone.org or Husna Hashmi at husnah@gmail.com

Jordan Book Drive

The annual Jordan Book Drive is almost here! We will begin collecting your gently used Kindergarten - 6th grade books starting the week after spring break, April 9th. Most donated K-5 books will go to the classroom libraries of Dorsa Elementary school, a school in the Alum Rock school district of East San Jose where 100% of the students receive free and reduced lunch, and their school library is only open for 4 hours every other week. Some of the donated 4th - 6th grade books will go to the new Ravenswood Middle School in East Palo Alto, a new school with hardly any library at all, and zero

books in classroom libraries. The books you donate will make a huge difference in the lives of these bay area students, so please go through your old books and see if there's anything you're not reading anymore that you might want to donate. Our goal is to collect 2000 gently used books, both paperback and hardcover.

There will also, of course, be prizes! If we reach our 2000 book goal, Principal Royaltey-Quandt has generously offered to dye her hair for a day any color that we as a school decide. Should we reach our goal, there will be a poll on Schoology to choose the color(s). And for each grade, there will also be a prize for the advisory that collects the most books. The 6th grade advisory team that collects the most books will win the opportunity to participate in a water balloon battle with each other and at least one of the administrators! The 7th and 8th grade advisory classes that collect the most books will each get a pizza party! Please bring donated books to your advisory classroom. Library club will be coming around each week from April 11th - April 25th to count and collect donations. Thank you for supporting literacy!

Presenting the Jordan PTA 2018-2019 Executive Board Member Slate

We are going to hang the slate on the board near the lost and found 28 days before our next general meeting for everyone to check out.

The PTA Nominating Committee will present the slate for the 2018-2019 Jordan Middle School Executive Board next Wednesday, March 14, 2018 near the Lost and found. The Executive Board is comprised of members of the PTA who have graciously offered their time and talent for volunteer and serve the General Association of Jordan Middle School's Parents and Teachers. You will vote in the new officers at the 2018 April PTA Meeting in the Jordan Library. **Until voted on by the General Association, all nominees are candidates. Please note the following Executive Board positions are considered OPEN as no nominees have been presented by the nominating committee. Please come to the April PTA Meeting if you wish to nominate someone or be nominated yourself. Those positions are as follows:**

- Co-President
- VP Parent Education & Student Programs
- Vice President Communication
- Vice Chair Communication
- Vice Chair Volunteer Coordinator
- Assistant Treasurer
- Vice President Health and Safety

If you are interested in any of these above, please contact Nominating Committee Chair, Ann Balva ann@balva.com

PALY PTSA OPEN POSITIONS

If you have a rising Freshman entering Palo Alto High School next year, we have some opportunities for you to immerse yourself in the school community. Volunteering is a great way to get to know the goings on in high school.

The PALY PTSA Nominating Committee is currently seeking enthusiastic and dedicated parents to fill the following positions:

- Legislative Advocacy Chair
- Parliamentarian
- Sustainability Coordinator

Paly Link e-news Co-Editor
Staff Hospitality Leads: Back to School Lunch and Monthly Latte Cart
Field Day (all school picnic, May)

If you are interested in any of these positions or need more information, please email Lien Vu at lvu001@gmail.com

Jordan PTA - Bylaws Amendment Committee - 6th/7th Grade Parents Wanted!!

It is that time of the year where we look forward to next year. We will be convening the Jordan PTA BYLAWS COMMITTEE to review and amend the Jordan PTA Bylaws so that we can work more efficiently and smoothly for the next three (3) years. This is important to provide the infrastructure to support Jordan students, staff, teachers, and our neighbors as the PTA organization at Jordan. Please consider joining this committee if you are member of the Jordan PTA or have experience in crafting bylaws. The Committee will have 2 meetings, 45 minutes per meeting. THANK YOU in advance for participating in this important work. Questions: Email: Mary Lee at sjmarylee@yahoo.com or Jade Chao at jordanptapresident@gmail.com

Middle School History-Social Science Materials Under Consideration for Adoption

Middle school history-social science materials under consideration for adoption are currently on display in the hallway at the District Office and in the Jordan Front Office. The Middle School History-Social Science Textbook Selection Advisory Committee welcomes the public's input. Comment forms are available and all feedback will be taken into account. If you have any questions about the history textbook pilot at Jordan, please contact Kirsten Missett, Jordan History Department Instructional Lead, kmissett@pausd.org.

ATTENTION!! 8th GRADE PARENTS - WORLD LANGUAGE PLACEMENT TEST at PALY (4/26)

Most students coming to Paly do not need to take a placement exam in world language. See <http://www.paly.net/academics/world-language-department-placement-policy>. The language Proficiency Test, however, will be offered on April 26, 2018 at 3:45PM to students. Please sign up here: <https://goo.gl/bSjW7a>(link is external) Questions: Contact Carla Guerard, World Language Instructional Leader with any questions at cguerard@pausd.org (link sends email) For more information: <http://www.paly.net/academics/world-language-department-placement-policy>.

SAVE THE DATE - Jordan 2018 8th grade PromotionParty!

Friday, June 1, 7pm (following ceremony) until 10:30pm.
More information to follow ~ Stay tuned!

California Dashboard Reports School Performance

ALL PARENTS interested in learning more about Jordan Middle School can access the California School Dashboard. The Dashboard is available in various languages under the TRANSLATE tab. Please click to see how Jordan Middle School compares to other California schools in districts you may also be familiar. For more information please contact our School Principal, Ms. Valerie Royaltey-Quandt at Jordan Middle School. Dashboard Link is provided here for your convenience.
<https://www.caschooldashboard.org/#/ReportDetail/43696416060065/3/2>

Upcoming Just Parties

April

14 - Spring Fling

21 - The Hills Are Alive: Hiking, Yoga and Brunch

21 - Brazillian BBQ Party

You can still sign up for parties! Click [HERE](#) to view the parties and sign up!

PAUSD NEWS

NEW! Read the Current Message from Our Interim Superintendent

We will re-post Karen Hendricks' communications here each week, in case you missed it on her Friday Infinite Campus email to you. Visit <https://www.pausd.org/news> for the latest message from Karen Hendricks.

Proxima junta del Latino Parent Network, Ohlone Elementary School co-patrocinado por PAUSD y el concilio del PTA

Martes, Abril 17, 6 - 7:30 PM, Ohlone Elementary School, 950 Amarillo Avenue

El Latino Parent Network se enfoca en incrementar el número de estudiantes hispanos que están completamente preparados para entrar a la universidad o carrera a la hora en la que se graduen.

Conozca al coordinador de equidad del distrito, Keith Wheeler, quien aboga por aumentar el acceso y el éxito de nuestros niños. La presentación y la discusión se llevarán a cabo en español con traducción en inglés disponible. Cuidado de niños y pizza.

Latino Parent Network meeting at Ohlone Elementary School co-sponsored by PAUSD and PTA Council

Tue, Apr 17, 6 - 7:30 PM, Ohlone Elementary School, 950 Amarillo Avenue

The Latino Parent Network aims to increase success for Hispanic students and ensure that 100% are college and career ready by the time they graduate. Meet the district's Equity Coordinator, Keith Wheeler, who is advocating to increase access and success for our children. The presentation and discussion will be conducted in Spanish with English-translation available. Childcare and dinner provided.

PAUSD Secondary Art Exhibition

JLS, Mar 13 - Apr 13,

Mon-Fri 8AM-4PM, Closed Sat-Sun, Main Hallway, 25 Churchill Avenue

This exhibition features artwork by PAUSD 6-12 Visual Art students in a variety of media, including drawing, painting, photography, printmaking, Graphic Design, sculpture, ceramics, and glass.

Bus Driver Appreciation Breakfast

Thursday, April 26th, 8 a.m.

Each year, the Palo Alto CAC honors the bus drivers who play a vital role in transporting students to and from school. The event will be on April 26th, 2018 at 8:00 a.m., when we will serve breakfast to the bus drivers at their office. If you want to show your support for the dedication and kindness demonstrated daily by your child's bus driver, please send a thank-you note with your message to CacBusDriverAppreciation@gmail.com. If you would like to donate a breakfast item or gift card/money, please let us know as well. Please send your messages by Sunday, April 22nd. Sponsored by <http://cacpalalto.org/>

PTAC NEWS

2018-19 PTA Council Executive Board (<http://ptac.paloaltopta.org/>)

Congratulations to the recently elected 18-19 PTA Council (PTAC) Board. We have an amazing group of talented volunteers. PTAC is the umbrella organization of the 17 unit PTAs of the Palo Alto Unified School District and works to improve the education, health and welfare of all children and youth.

Board Position	Name
President	Jade Chao
EVP	Christina Schmidt
Historian	Lilli Nova-Roessig
Secretary	Heather Sahami
Treasurer	Meilani Hendrawidjaja
Treasurer	Shweta Choudhry
VP Advocacy	Sara Armstrong
VP Communications	Greta Olbrich
VP Communications	Gabrielle Conway
VP Community Outreach	Michelle Higgins
VP Education	Beth May & Sara Woodham
VP Health & Wellness	Dave Shen

VP Health & Wellness	Sumita Vasudeva
VP Parent Education	Charu Gupta
Auditor	Appointed
Parliamentarian	Appointed
Immediate Past President	Audrey Gold

Sun safety and skin health: Parent talk by PAMF Dermatologist Dr. Amy Adams

Tue, Apr 24, 6.30PM, Fairmeadow Elementary School, MP Room, 500 E. Meadow Dr. Palo Alto

Join PAMF Dermatologist and parent Dr. Amy Adams for a brief informative talk on sun safety. With warm sunny days just around the corner, kids will be spending more time outside. This means more exposure to the sun's harmful ultraviolet (UV) rays, which increase the risk of skin cancer. It's time to get prepared! Amy's talk will cover: why kids' skin needs protection from the sun, why sun protection isn't only for people with pale skin, how to get adequate vitamin D, how to choose a sunscreen for your family, how to recognize skin cancer. Parents and caregivers, children and staff are all welcome. Please RSVP at <https://docs.google.com/spreadsheets/d/1d2c5joMquZQQw-ICpKYuEYBSqPVa0k0RqJaVEe0qqOI/edit#gid=0> For any questions, please contact Belinda Ryan at belinda.ryan@gmail.com.

How we do know what's true anymore?

Mon, Apr 9, 7 PM, Palo Alto High School Performing Arts Center

Democracy requires well-informed voters to thrive. Yet truth and facts are under assault from misinformation, disinformation, propaganda and fake news. Learn strategies, tips and tools to gauge the credibility of information from experts at Snopes, Data for Democracy, Google, Facebook, Stanford University, and the Institute for the Future. Event is designed for high school students, parents and all other adults, and co-sponsored by the League of Women Voters Palo Alto and the Palo Alto PTA Council. Registration (free) & information: <https://goo.gl/SHLwmm>

ONSITE AFTER SCHOOLS

Wizbot

Come join Wizbots after school Robotics & Coding Lab, beginning Monday, April 9th! Wizbots is the best place for kids to learn the art and science of building robots. Perfect for novices and advanced students, alike, they will all learn engineering, Java programming, math & physics in a completely hands-on way. Open to students in grades 6-8. Learn more and enroll now at wizbots.com/afterschool

SUMMER CAMP

Summer Camps Held at PAUSD Sites

Looking for a summer camp in your neighborhood or at one of our Palo Alto Unified school sites? Now you can find it at the PTAC website at <https://ptac.paloaltopta.org/2018-summer-camps/>.

Camp providers listed on this page host activities/summer camps at PAUSD Schools, and pay rental fees to our district. These rental fees help to defray the cost of running our schools while providing local opportunities for our kids. PTA Council does not endorse one camp over another. This service is offered to give parents an easy way to find out what is being offered and where. Please contact the [PTAC Webmaster](#) to recommend updates to this information. There is no charge to providers to be listed.

Paly science and engineering summer camp

Palo Alto High School's Science Olympiad team is running our fifth annual Science and Engineering Summer Camp for middle schoolers this summer. Members from our regional championship-winning Science Olympiad team will be running lab demonstrations and hands-on activities including crime scene analysis, dissections, engineering projects, and more! We are offering two sessions this year both from **July 9th to July 13th**. The morning session is from **9AM to 12PM** and the afternoon session is from **1:30PM to 4:30PM** each day at **Palo Alto High School (50 Embarcadero Rd)** and is for any rising 7th through 9th graders interested in learning more about science! We will be taking up to 30 students per session. For more information on the camp and to register your child, visit our website www.palyscioly.org. Questions or Concerns? Please email us at palysciencecamp@gmail.com. We hope to hear from you soon!

2018 Palo Alto Middle School Math Summer Program

Terman Middle School; 6/11-15 (Session 1) or 6/18-22 (Session 2); 1-4pm

Run by the Palo Alto and Gunn high school math clubs, the Palo Alto Middle School Math Camp aims to foster incoming 6th through 9th grader students' passion for mathematics through individually paced training and one-on-one teaching.

Students will learn problem-solving techniques geared towards the MathCounts and AMC 8 competition series. MS Math Camp will be suitable for any student who enjoys math and will be fun for students of all grades and math levels. We suggest a donation of \$300-350 for new students or \$250 for returning students, siblings, PAUSD Middle School Summer School students, and/or those also attending Paly Science Camp (<https://palyscioly.org/paly-science-camp/>). All income from the camp goes towards supporting the Palo Alto High School and Gunn High School math clubs for the following year, in order to allow high school students to attend math competitions. If you are interested in registering, please fill out the following form: <https://tinyurl.com/MSMathCamp2018>. Contact palymathclub@gmail.com for any questions.

Summer Math Camp provided by Nonprofit Classic Math School

Half-day (8:30 - 1:30 academics only) and Full-day (8:30 - 4:30 academics plus recreational sport activities) options. Unique Math centered curriculum with Math, English, Science, Art, and Coding lessons (K-8) is designed to boost each student's Math potential and prepare for the next school year.

Geometry, Algebra II Crash courses and SAT I Prep offered to qualified 7-10 grades students.

Free interactive Placement Test by appointment.

"Last year rates" promotion ends April 1st.

Camp Dates: June 25 - July 20, M - F
Location: [750 N. California Ave](#), Jordan Middle School
More info and registration: www.classicmath.org

Palo Alto Speech and Debate Camp

June 4th-8th and June 11th-15th, Speech 9am-12pm, Debate 1-4pm, Palo Alto High School

For two weeks each summer, Palo Alto High School's nationally ranked Speech and Debate team holds a camp at Paly to teach the fundamentals and advanced skills of both speech and debate to students around the Bay Area. Participants in our camp become more effective communicators and improve their public speaking and persuasion skills. Students learn to develop arguments and analyze those of their opponents while eliminating insecurities and building self-confidence. With an emphasis on leadership and initiative, our dedicated and well-trained counselors work tirelessly to cultivate an atmosphere of support and perseverance tailored to students of any skill level. Through increased personalized attention and a revamped and more engaging curriculum, this year's camp is looking to be the best yet! Sign your student up for our first session (the week of June 4th) or our second session (the week of June 11th), or both at [our website](#) today!

Palo Alto Youth Journalism Summer Camp

Mon July 30 to Fri Aug 3 in the Media Arts Center at Palo Alto High School

After three hugely successful summers, Paly's distinguished journalism program will be returning again this summer with its fourth year of Camp MAC (Media Arts Center) on July 30th - August 3th. A new leadership team and with a plethora of journalism experience is in place and eager to educate new campers on a variety of journalistic skills including critical thinking, research, graphic design, and expository writing techniques. Counselors are the fun and qualified students of Paly's seven publications. The camp is open to all rising 8th and 9th graders, all proceeds support Paly's journalism program for the following year. Registration and more information can be found at this website: paly.io/campmac.

Paly Robotics Summer Camp 2018

Sessions: Robot Design & Hardware, Programming, Entrepreneurship & Website Design, Animation & Graphic Design

July 23 - 27; July 30 - August 3

This year, Paly Robotics will be offering two different weeks of our annual summer camp for incoming middle school students (incoming 6th - 9th). We hope to spark interest and start future high school students on a path in science, technology, engineering, art or mathematics (STEAM). Our registration will be open on Saturday, Feb 3, at 10AM.

Campers will be able to sign up for one of four sessions per week. This camp will be hosted at Palo Alto High School.

If you have any questions, feel free to contact us at summercamp@palyrobotics.com. For further details, go to <http://palyrobotics.com/summercamp/>.

COMMUNITY NEWS

Paly Cheer & Dance Tryouts

Interested in joining Palo Alto High School's Dance or Cheer team? Tryouts for the dance team will be held April 9th through April 13th, and tryouts for the cheer team will be held April 16th through April 20th. For more information, please visit www.palycheer.net or email awilliamson@pausd.org ! We look forward to seeing you there-sko Vikes!"

SAVE THE DATE!! All parents are invited to a presentation by Jackson Katz, Ph.D., co-founder of Mentors in Violence Prevention

Wed, Apr 11, 7 - 8:30 PM, Media Arts Center (MAC), Palo Alto High School

Watch Dr. Jackson Katz Ted Talk "Violence against women: it is a men's issue": https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue/up-next To learn more about Dr. Jackson Katz: <http://www.jacksonkatz.com/> This presentation is an initiative of the Interim Superintendents RISE Taskforce. <https://www.pausd.org/committees-task-forces/responsive-inclusive-safe-environment-rise> This event is suitable for parents and guardians. Spanish and Mandarin translation available. Childcare provided.

One on One Aides Needed at School Sites

Mon-Fri, 4-6.5 hrs hours per day at a number of our schools

The PAUSD Special Ed Department has a critical need for Student Attendants (one on one Aides) to provide classroom support to students with learning and behavioral needs for the remainder of this school year. If you have some extra time, and would be interested in working in the schools, apply on line at www.pausd.org/explore/pausd/human-resources/jobs You may also call Anne Le, PAUSD Classified HR, 650-329-3957 for more information.

Parent Chat

Tue. Apr 10, 7 - 8:30pm, Los Altos Library, 13 S. San Antonio Road, Los Altos

Are you concerned about the emotional well being of your child? Come to Parent Chat, peer to peer support for parents of teens. Hosted by the Mental Health Subcommittee of SELPA 1 CAC.

Let's Talk

Mon. Apr 16, 7pm - 9pm, Los Altos Library, 13 S. San Antonio Road, Los Altos

A chance to ask questions and share ideas, resources, and support with other parents of students with IEPs, 504s, learning differences, mental health challenges, etc. All are welcome, participants must respect confidentiality. Organized by SELPA 1 CAC <http://www.selpa1cac.org/>

Taking Care of You: Mindfulness and Parenting with Challenges

Wed Apr 18, 7-9 pm, Santa Rita Elementary School, 700 Los Altos Road, Los Altos

With Dr. Linda Lotspeich, Child Psychiatrist and Clinical Professor. Parenting a child with disabilities can lead to difficult emotions and stress. The practice of mindfulness, including meditation, can reduce stress, improve self-esteem and allow you to better manage these emotions. Learn to move from coping to living a more meaningful life in the present moment, while still planning for the future.

Wildflower Yoga Women's Circle at Blossom

Tue, Apr 17, 7:45-9:15pm, Blossom Birth, 505 Barron Ave, Palo Alto, CA

This 6 week series invites women of all ages to treat yourself to a unique offering of vitalizing yoga, inspiring meditation, self-love journaling followed by a sharing circle nourishing your soul and body with laughter, tea and divine treats. By making the time to nourish yourself and cultivate your own wellbeing, you will plant joyful seeds of more self-care and regain more energy and inspiration to nourish your loved ones. Register now for this 6 week series as space is limited!

<https://www.blossombirth.org/wildflower-yoga-womens-circle.html>

Spring Women's Wellness Group with Jalene Salus

Fri Apr 20 - Jun 15, 9:15-11:15am. Blossom Birth, 505 Barron Ave, Palo Alto, CA

In this nourishing group, Jalene Salus will share the wisdom of Integrative Nutrition as she introduces sweet and simple ways to nourish your mind, body and spirit. Enjoy a little taste of organic, local, seasonal winter bites while you discuss foods to support your unique body - and your family's health - this winter. Jalene will show you how aligning your self care with the rhythm of the season can guide you on your path of women's wellness as she engages you in fulfilling dialogue with other thoughtful, wise women. Registration is required as space is limited! <http://mindbodymoms.com/wellness-groups/>

Teen Wellness Group with Danielle Seybold, Associate MFT

Sat Apr 14 - May 12 3-5pm 4966 El Camino Real ste #115, Los Altos, CA

Teens will have the opportunity to explore a fulfilling mixture of mindfulness, community, and expressive arts activities.

Activities include gentle movement warm-ups, sensory-awareness mindfulness practices, creative arts and a dialogue about common sources of stress to help normalize the challenges teens face. Teens will also learn practical, simple & straightforward techniques to increase resilience during challenging times.

http://mindbodymoms.com/event/teen_wellness_spring_2018/

Help Students Who Need You Most - Learn about All Students Matter on April 25 or 26

Come learn about volunteering next school year, once a week in a K-5th grade classroom in East Palo Alto and eastern Menlo Park where students face many challenges and are eager for your support to build academic and social/emotional skills. Hear about the impact you can have by joining us 10am on Wed, Apr 25 in Atherton or Thurs, Apr 26 in Palo Alto at the home of a current volunteer. Contact Jeanette Kennedy at

jkc_kennedy@yahoo.com to receive details. Learn more about us at

www.allstudentsmatter.org.

Host Families Wanted for 2018-19 Foreign Exchange Students

Is your student interested in studying abroad? Is your family interested in hosting a foreign exchange student? AFS is the largest student exchange organization in the US, with about 1,000 US high school students currently studying abroad, and 2,200 foreign exchange students studying in the US this year (30 in the Bay Area). Currently AFS has 1 student at Paly, and typically hosts 1 or 2 students at Gunn. Study abroad is a great way for your student to learn a culture, language, and to mature. Hosting a student builds bonds that can last a lifetime, and is a great way to broaden your student's horizons.

Learn more at www.afsusa.org

Teenpower Safety and Self Defense Workshop

Sun, Apr 15, 1-6 PM, 3900 Ventura Court

Designed for teens ages 13-17, this workshop gives teens focused practice in using boundary-setting, conflict resolution, self-protection, and self-defense skill. Includes physical skills with a padded instructor. \$140 per teen. Pre-registration required.

For more information, contact safety@kidpower.org or call (800) 467-6997.

www.kidpower.org

FREE Women's Wellness Workshop: A Taste of the Season

Fri Apr 13, 10-11AM, Blossom Birth, 505 Barron Ave, Palo Alto, CA

In this FREE workshop, Jalene Salus will offer an introductory taste of Integrative Nutrition as she shows you some sweet and simple ways to nourish your mind, body and spirit. Enjoy a little taste of some seasonal spring bites while you discuss foods to support your unique body - and your family - this spring. Jalene will show you how aligning your self-care with the rhythm of the season can guide you on your path of women's wellness as she engages you in fulfilling dialogue with other thoughtful, wise women. Registration is required for this FREE workshop as space is limited!

<http://mindbodymoms.com/event/tasteoftheseasonforwinterfree/>

Family Film Festival @ MP

Sat, Apr 14, 4-6PM, Mitchell Park Library, 3700 Middlefield Rd.

Enjoy a movie with your family at the library. See library website for movie title. All ages are welcome!

Family Date Night - The Children of the World

Fri, April 20, 7:00-8:15PM, Children's Library, 1276 Harriet St.

Bring your imagination and help us create decorations for our May Fete Parade "float." All ages welcome! Please register for this event. Sponsored by The Friends of the Palo Alto Library.

Society of Bookworms-A Wrinkle in Time by Madeleine L'Engle

Wed, Apr 18, 4 -5 PM, Children's Library, 1276 Harriet St.

Discuss a great book with your friends at the library! **Grades 4-6.** Sponsored by The Friends of the Palo Alto Library

City of Palo Alto Earth Day Event: Participate or Volunteer

The City of Palo Alto is seeking participants and event volunteers of ALL AGES for their upcoming Earth Day event. The event will be held at the Baylands Athletic Center on April 14th, 2018. The event kicks off with the Great Race for Saving Water, a 5K run/walk and kids 1K fun run to raise awareness about water resources, conservation and environmental health. The fun continues with an Earth Day festival offering team awards, raffle prizes, live music, food trucks, electric vehicle ride & drive, guided bird walk, group bike ride, nature walks, zoo animals, arts & crafts, library book mobile,

Smokey the Bear, community booths, environmental and public safety resources. Register

at <https://docs.google.com/forms/d/e/1FAIpQLSeIcrQQWNHHWwgvVgt7uJaDLun1eVp5hcO8P2subD0dHa17bA/viewform> to volunteer, and register <https://www.sweattracker.com/Registration/SavingWater> for the race. Questions? Contact PAUSD Sustainability Program Manager Rebecca Navarro at rnavarro@pausd.org

El Camino Youth Symphony Orchestra Spring Auditions for New Members

Feb/Mar/Apr Palo Alto

Palo Alto-based El Camino Youth Symphony (soon-to-be Golden State Youth Orchestra) invites musicians ages 6-18 to audition for the 2018-19 Season. Led by an internationally renowned faculty, ECYS offers six orchestras/ensembles for students at all levels of musical ability. Members are challenged with professional-level repertoire, receive support from experienced coaches, and perform in concerts throughout the Bay Area. There are openings for all instrumentalists, though the most in-demand instruments are: Percussion, Bassoon, All Brass, String Bass, Viola, and Saxophone. Auditions are held in March/April for the season that begins in August/September. Apply online at www.ECYS.org. Call ECYS at 650-665-9046 for more information.

Youth Community Service Seeking Program Coordinators for Youth Initiative

Youth Community Service (YCS) is a community-based nonprofit that engages our PAUSD students in meaningful service-based learning that builds leadership and life skills. YCS has been funded by local government grants to launch a Youth Connectedness Initiative in Palo Alto. YCS is hiring two coordinators for this Initiative: a **Parent Program Coordinator** to help facilitate parent workshops and activities on youth connectedness; and a **Youth Program Coordinator** to work with YCS staff to help adolescents develop protective factors, such as positive perception of self, service to others, and caring developmental relationships with peers and adults. YCS seeks candidates - either recent college grads, or professionals who have stepped away from the workplace to raise a family or run a household. For more information and how to apply, visit: <http://youthcommunityservice.org/careers/>

Stanford Food and Mood Study is Recruiting!

Eligible participants are between 9-17 years old, are experiencing low moods or irritability, have a body mass index greater than 85%, do not have braces or metal in their body

Participants receive

\$325 for completing the study. Participants come in for clinical and cognitive evaluations, an MRI brain scan and a blood test 3 times over 2 years.

To learn more about the

study and to see if your child is eligible, contact Lizzy at 650-721-4049 or thepearlab@stanford.edu. You can also find out more about Stanford's Pediatric Emotion and Resilience Lab (PEARL) at <http://med.stanford.edu/pedmood.html>. For general information about participation rights, contact 1-866-680-2906.

Fiery Arts Glass Workshops at Palo Alto High School

April 7-8, 21-22; May 5-6, 19-20; June 2-3; and summer

too. 9-3 pm at Palo Alto High School's Glass Studio, 50 Embarcadero Rd., Palo Alto

These 2 day workshops are open to the public, students and parents. You learn glass blowing technique in this hands-on 2-day weekend workshop. Advanced Sign up is required. Class limit is 4. Teens and adults. \$425 per person. Proceeds benefit the Palo Alto High School Fiery Arts Boosters.

Contact: David Camner, founder of Paly Glass, dcamner@pausd.org, for more information & dates

Palo Alto Art Center Summer Counselor-in-Training Application Now Available

The Counselor in Training applications for the summer of 2018 are now available. Summer Camp Counselors in Training (CIT) are volunteers (12-17 years old) who assist professional art instructors in the day-to-day running of the Children's Fine Art summer camps. CITs offer support through classroom management, encouraging campers, prepping art supplies and more. The Lead Counselor in Training (LCIT) program builds on experience as an Art Center CIT and provides opportunities for volunteers to help lead the CIT training, enjoy mentorship from college Children's Fine Art (CFA) interns, manage camper recreation, and take responsibility as the LCIT for one week of camps. Applications must be returned to the Palo Alto Art Center via mail or in person drop off. Only complete applications will be considered. Spots fill up fast, get your application in as soon as possible! Summer 2018 Counselor in Training Application &

Information: <https://www.cityofpaloalto.org/civicax/filebank/documents/63786> Summer 2018 Lead Counselor in Training

Application & Information: <https://www.cityofpaloalto.org/civicax/filebank/documents/63787>

JORDAN VOLUNTEERING OPPORTUNITIES

Volunteering at Jordan

There are many volunteer opportunities throughout the year. Sign up for one (or many) that fit your interests and/or skill set. Sign up online at UptoUs:

<https://www.uptous.com/communities/JordanMiddleSchool>

UptoUs login instructions:

Login: your email address

Password: your existing UptoUs password OR ptavolunteer (if you are new to UptoUs)

- Once logged in, See Jordan Middle School under My Communities
- Under Jordan Middle School Community on the left see the various sub communities requesting volunteers
- Click on a sub community (e.g., PTA Volunteers, Music Volunteers, etc., to see volunteer opportunities)
- Signup sheets are located under "Activities and Signups" for each event

Volunteers are essential to implementing many of the programs and activities at Jordan. Questions? E-mail jordanptavolunteer@gmail.com.

Thank YOU so much for volunteering!

SPORTS OPPORTUNITIES

Palo Alto Council of PTAs Sports Page

PAPTAC maintains a web page featuring calendars, clinics, tryouts and camps for Peninsula sports teams of interest to Jordan Middle School students.

Web page: <http://ptac.paloaltopta.org/sports-and-activities/>
Palo Alto Council of PTAs Sports Page

SUBMIT AN ITEM TO THE eNEWS

For your Jordan related event, send a blurb including title, location, time and a brief description of your event to jordanweeklynews@gmail.com
For events relevant to the whole PAUSD community, you can also submit to ptaenews@yahoo.com

Jordan eNews Submission Deadline: Thursday at 6 pm for the following Sunday eNews

SUBSCRIBE TO THE eNEWS

If someone you know would like to subscribe to the Jordan eNews please point them to [this web page](#).

Best regards,
Yumei Xiong and Anabel Pieper
Co-Editors, Jordan eNews

Jordan Middle School PTA, 750 North California Avenue, Palo Alto, CA 94303

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